



ANNUAL REPORT 2022

www.rtzhope.org

OUR MISSION

Return to Zero: HOPE is a national non-profit organization that provides holistic support, resources, and community for all people who have experienced unimaginable loss during the journey to parenthood.

MISSION

RTZ HOPE is a non-profit organization engaging a global community of bereaved parents and their health providers to improve mental health outcomes, while also advancing pregnancy and infant loss awareness, education, and support.

VISION

Every family experiencing pregnancy and infant loss will have access to resources, social support, and informed professional care to empower families to live a meaningful and hopeful life.

VALUES

Diversity, Equity, Inclusion
Trauma-Informed Care
Collaborative Leadership

OUR VOICES

"The retreat gave me the immeasurable gift of time with my daughter -- to grieve, connect, and share her life. The RTZ leaders and my fellow loss moms validated my feelings, held space for my pain, and provided me with a sense of belonging that I desperately needed. I left the retreat empowered to express my needs and feelings to my community and have continued to find comfort and hope in the friendships I formed there."

– Jenna, Bereaved Mother, Retreat Attendee

"We are honored to support RTZ HOPE's mission as they passionately support families' needs during the loss of their baby. We understand this pain all too well, as we lost our first born. RTZ HOPE founder, Kiley, created a community to support those who need guidance through this grieving and healing journey, which is critical to healing from this unique trauma. Most importantly, bereaved parents will learn how best to honor and parent their child. It is our wish for all families to see the importance and the beauty of every child."

– Ginger Wilson, Wilson Family Foundation

"I was excited to join the RTZ HOPE Board of Directors because of the ongoing commitment the organization has to providing education, support, and resources to parents who have experienced loss. Further, I appreciate the leadership's commitment to providing access to communities who experience inequities in perinatal loss support and care. I look forward to contributing to the mission of promoting equity, especially for Black parents who have experienced loss."

– Dorienna M. Alfred, Ph.D., PMH-C

OUR IMPACT

2022 at a Glance



During the last year, RTZ HOPE continued to fulfill our mission of serving bereaved parents and the healthcare providers who support them through a variety of support groups, webinars, panels, workshops, and the welcome return of in-person retreats.

RTZ HOPE community support in 2022 reached nearly 500 people through 48 virtual groups and programs and 2 in-person retreats.

This is more than double the impact RTZ HOPE had in 2021.

In 2022 we increased the diversity of our programs and services by offering:

- Unique programming for BIPOC and LGBTQ+ families
- New support groups, including *Ending a wanted Pregnancy* and *Parenting After Loss*
- Grandmother's Writing Circle, Author's Panels, and Healing Through Art-Making Workshops

We were proud to join forces with other organizations and advocacy groups to support legislation like the [SHINE for Autumn Act](#) and the [Maternal and Child Health Stillbirth Prevention Act](#).

OUR FINANCES

2022 Financial Statement

Revenue

Program Income	\$118,739
Unrestricted Contributions	\$101,892
Other Income	\$1,689
Total Revenue	\$222,320

Expenses

Programs and Services	\$99,499
Education and Outreach	\$53,547
Management and Administration	\$31,533
Fundraising	\$15,056
Total Expenses	\$199,635

OUR GOALS

2021-2023 Intentions

RTZ HOPE's current strategic goals were intended to guide the work of the organization through 2023. We are in the process of assessing our progress towards these goals, as well as identifying new goals to help us plan and prioritize in the years to come.

Recognize and respond to the needs of diverse communities.

Amplify voices to challenge mindsets about pregnancy and infant loss.

Increase knowledge and confidence in perinatal healthcare providers to better care for grieving parents.

Empower bereaved parents with innovative opportunities for healing.

Expand our community impact through advocates and ambassadors.

OUR GRATITUDE

Every new year, when I take time to reflect on the year that has just come to a close, I am awestruck by all that the RTZ HOPE community has accomplished together. We are so fortunate to have an incredible team of staff, board members, volunteers, and donors who all understand the unimaginable loss that can occur on the path to parenthood - and who work tirelessly to make sure RTZ HOPE can continue to fulfill our mission of shattering the silence around pregnancy and infant loss.

I am, as always, deeply grateful.

THANK YOU.



Kiley Krekorian Hanish, OTD, PMH-C
Founder and President

For a listing of community partners and major donors, please visit <https://rtzhope.org/donors>